

LOWER JUNIOR CANTEEN INFORMATION

JUNIOR CANTEEN
OPENING HOURS
9:00AM – 2:30PM

FIRST BREAK
MONDAY TO FRIDAY
11:00AM – 11:40AM

SECOND BREAK
MONDAY TO FRIDAY
1:45PM – 2:10PM

All students must have their orders written out at home. Please order food on separate paper bags for 1st & 2nd breaks. Child's name, Class, order & whether it's 1st or 2nd break must be written on the bag. Change is returned in child's paper bag. Extra 20c for Paper Bag not supplied.

or

Order online with
www.flexischools.com.au

Canteen will not be open before 9:00am.

UPPER JUNIOR CANTEEN INFORMATION

JUNIOR CANTEEN
OPENING HOURS
9:00AM – 2:30PM

FIRST BREAK
MONDAY TO FRIDAY
10:45AM – 11:10AM

SECOND BREAK
MONDAY TO FRIDAY
1:15PM – 1:55PM

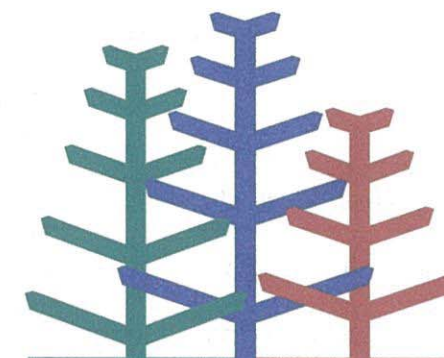
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JUNIOR CANTEEN MENU 2017



CALAMVALE

Community College

P&C Association

Engaging Our Community

All money raised in the canteen goes back into the school via the P&C. Want to know more, email your name and contact details

pandc@calamvalecomcoll.eq.edu.au

IMPORTANT

**FLEXISCHOOL ONLINE ORDERING
AVAILABLE FROM 1ST DAY TERM 1
MUST HAVE ORDERS IN BY 8:30AM.**

JUNIOR CANTEEN MENU 2017

COLD FOOD

SANDWICHES

Choose from white or wholemeal/grain

Cheese	\$2.50
Chicken or Ham	\$3.50
Chicken, Cheese and Tomato	\$4.00
Chicken or Ham with salad	\$4.50
Egg & Lettuce	\$4.00
Ham, Cheese and Tomato	\$4.00
Salad	\$4.00
(lettuce, tomato, carrot, beetroot & cucumber)	
Tuna with salad	\$5.00
Jam or Vegemite	\$2.00
Cheese & Avocado – extra	\$0.50
Toasted – extra	\$0.20

Wrap (1/2) – Chicken or Ham w/Salad	\$3.00
(lettuce, tom, carrot, cuc. cheese & mayo)	
Wrap Full – Chicken or Ham w/Salad	\$6.00
(lettuce, tom, carrot, cuc, cheese & mayo)	

NO SPECIAL ½ WRAPS MADE, ONLY FULL WRAPS

SALADS BOXES

Chicken, Ham or Tuna Box –Small	\$4.50
Chicken, Ham or Tuna Box - Medium	\$5.50
Caesar Salad w/ Chicken – Small	\$4.50
Caesar Salad w/Chicken & Egg – Med	\$6.00
Traditional – Salad only Small	\$3.50
Traditional – Salad only Medium	\$4.50
Chicken Teryiaki Salad	\$6.00
Bento Box – Chicken Teriyaki (Lge.)	\$9.50

Chicken Meat is Halal Certified

HOT FOOD

Burger – Cheese, Beef Pattie & Sauce	\$4.00
Burger – Chicken (w/Lettuce & Mayo)	\$4.50
Halal available for extra \$1.00	\$5.50
Cheese & Spinach Roll w/sauce (Veg)	\$3.50
Chicken Nuggets (3) with sauce	\$2.50
Chicken Nuggets (6) with sauce	\$4.00
Hot Dog–with/without sauce(Tom or B/bq)	\$2.50
Hot Dog – with Cheese	\$3.00
Lasagne or Macaroni Cheese (Veg)	\$4.00
Noodles – Beef or Chicken*	\$3.00
Pizza Roundas	\$3.00
Mini Beef Pie with sauce (Tom or B/bq)	\$1.50
Pie-Beef w/sauce (Halal Available) extra 50c.	\$3.50
Potato Wedges with sour cream/sauce	\$4.00
Sausage Roll with sauce (Tom or B/bq)	\$3.50

SUSHI (Available Monday to Friday)

Chicken Honey Soy, Chicken Teriyaki,	\$3.00
Chicken Tandoori, Beef Teriyaki, Chicken & Avo, Tuna & Mayo, Tuna & Avo, Smoked Salmon & Avo, California, Vegetarian, and Avacado.	
Soy Sauce or Wasabi – extra	\$0.20
Focaccia –Toasted	\$6.00
(Chicken, cheese, avo, & mayo)	

Noodles and Ice-Blocks must be Collected from the Canteen

FLEXISCHOOLS – ONLINE ORDERING AVAILABLE – Register at www.flexischools.com.au

SNACKS

Chips – Chicken Honey Soy or Sea Salt	\$2.00
Mini Cheese & Bacon Roll	\$1.50
Cheese & Crackers	\$2.00
Gingerbread Man	\$2.00
Jumpy's – Chicken	\$1.00
Pretzels	\$1.00
Apple Slinky (Fresh Apple) or Banana	\$1.00
Vaalia Yoghurt	\$2.50
(Vanilla, Mango, Passionfruit, Berry)	
Fruit Salad – Seasonal (Made Daily)	\$4.50

DRINKS

Breaka Flavoured Milk – UHT	\$2.00
(chocolate, strawberry or vanilla)	
Juice – Popper (Apple, Orange or Punch)	\$1.50
Juice Bomb – 250ml Can	\$3.00
(Apple Cola, Vanilla Lime, Blackcurrent, Raspberry)	
Up & Go (Choc, Straw, Vanilla & Banana)	\$2.00
Water – plain	\$2.00

ICE BLOCKS

Icy Twist	\$1.00
Mini Calippo	\$1.00
Paddle Pop	\$2.00
Twisted–Yoghurt(Choc, Straw, Mango)	\$2.50
Slushy – Small	\$2.00

STUDENTS WITH SPECIAL DIETARY REQUIREMENTS PLEASE CONTACT CANTEEN ON PH: 3712 6345.